



BreakThru

Family Fit 4 Life

2018 / 2019 Special Needs After School Care

Parents are you looking for an After School Program for your child/children and teens with special needs?

Healing Hearts has the program for those of all abilities with special needs and without

After School Hours until 6:15pm

Closed: Christmas and New Year's Day

We offer, Homework Assistance; Inclusive Gym Time; Fun and Games;
Healthy snack

Fitness Training provided by Breakthru Family Fit 4 Life*
(Krav Maga; Fitness Circuit; Individualized Programs Available)

**All Trainers are Certified*

Healing Hearts staff emphasizes the importance of peer interaction to allow each child/teen to build and maintain strong friendships, which will last a lifetime!

Social skills are addressed in a supportive way which will continue to build individual self-esteem.

Monthly Cost	
5 Days Per Week	\$375/month
Mon - Fri	

Open enrollment year round

Please call or email for more information and to enroll your child/children or teen

(203) 708-0076

healingheartsrecreational@gmail.com

<http://healingheartsrecreational.org>

<http://www.breakthrufitnessstamford.com>

Healing Hearts mission is to provide programs designed to encourage peer interaction, promote fitness, and support independence for children, teens and adults of special needs and a wide array of abilities.